

Maryland Meals for Achievement helps students learn and thrive by making no-cost breakfast after the bell available in high-poverty schools. It is a proven, effective way to improve children's diets, reduce food insecurity and improve the ability for kids to learn.

Kids in our state need your support on HB386 & SB425 to improve access to healthy school breakfasts.

What Is MMFA?

Launched in 1998, Maryland Meals for Achievement (MMFA) is a successful state program that allows schools in high-poverty areas to provide Breakfast After the Bell to all students at no cost.

What is Breakfast After the Bell?

Breakfast After the Bell (BAB) removes barriers to student participation in the school breakfast program by making breakfast a part of the school day.

What is this legislation?

HB386 & SB425 will provide elementary schools with the same service options, such as Grab and Go, that middle and high schools are already utilizing. By allowing schools to determine the best way to serve breakfast after the bell, we increase access to more children.

How much will this change cost?

MMFA is an existing program that already has a dedicated appropriation to serve as many eligible schools as possible. This change is cost neutral.

Why is MMFA Needed?

Making sure they have access to a nutritious breakfast every morning, at school, helps increase learning, grades and reduce challenging behaviors. Research has consistently shown that Breakfast After the Bell increases breakfast participation and consumption and enhances the impact of offering meals at no-cost. It's a Win-Win!

For More Information:

Please contact Ayesha B. Holmes, Director, No Kid Hungry Maryland at aholmes@strength.org.



**NO KID HUNGRY
MARYLAND URGES
YOU TO SUPPORT:**

HB 386

Sponsor: Del. Feldmark

and

SB 425

Sponsor: Sen. Hettleman

Increase flexibility for schools, enabling more children to participate in no-cost school breakfast through the Maryland Meals for Achievement program.