

Examples of Potential Projects/Activities for Interns

Below are examples of potential projects/activities/responsibilities for interns that organizations may want to consider, although they are not limited to what is listed below.

Outreach/Marketing/Promotion

- Developing and/or distributing promotional materials for the Summer Nutrition Program
- Developing and implementing social media campaigns
- Planning/implementing kick-off events, spike events, or end of summer celebrations
- Taking pictures/videos at meal sites and summer meals events

Preparing and/or Distributing Summer Meals

- Helping to prepare or package summer meals
- Distributing summer meals
- Tracking meals distributed
- Serving as site supervisors

Nutrition Education and Enrichment Activities

- Providing nutrition education activities to children at meal sites
- Creating nutrition education materials to distribute to children and families
- Planning and/or implementing enrichment activities for meal sites
- Planning and/or implementing activities for Farm to Summer Week

Program Planning and Evaluation

- Using the NC Capacity Builder map to identify areas potential areas for new summer meals sites
- Gathering feedback from children and families on the program
- Developing resources to highlight/share program successes

Training

- Helping with training program volunteers/staff
- Helping teach staff new skills that can benefit the program such as using the NC Capacity Builder map, using social media for promoting summer meals, etc.