

2024 SummerMeals4NCKids Internship

Posting: YMCA of Southeastern North Carolina

No Kid Hungry NC is a project based at the Center for Health Promotion and Disease Prevention at the University of North Carolina at Chapel Hill. Its mission is to end child hunger in our state by increasing access to federally-supported child nutrition programs such as school breakfast, afterschool meals, and summer meals. Learn more about No Kid Hungry NC at NoKidHungryNC.org.

Nearly 70% of public school students in North Carolina are eligible for free and reduced-price school meals. During the summer months, many children lose access to these meals which may put them at higher risk of food insecurity and poor nutrition. Federal summer nutrition programs reimburse organizations for providing free, healthy meals to children and teens in low-income areas during the summer when they are not in school. These programs are highly underutilized compared with school meals programs.

No Kid Hungry NC will be offering the SummerMeals4NCKids Internship program for college students to support the Summer Nutrition Program during the summer of 2024. Interns will be hired as paid employees of No Kid Hungry NC at UNC Chapel Hill and will be placed with NC Summer Nutrition Program Sponsors. Most of the time will be focused on projects/activities with the sponsor, but interns will also participate in orientation/training, weekly check-ins, and activities with the No Kid Hungry NC team.

Position Overview

This position will work with YMCA of Southeastern North Carolina. This summer the Y will be hosting 8 summer day camp locations where all attendees participate in the SFSP feeding program. The plan is to create no less than 2 non-congregate feeding locations in rural qualifying areas. It is the Y's hope to meet a larger need for those kids who do not have easy access to meals during the summer months when school is out. The intern will be heavily responsible for keeping those non-congregate sites running by tracking meals, participation of families, getting the word out, and helping determine inventory of meals provided. They will also assist with the Y's other SFSP sites and food inventory management as needed.

Primary work location: YMCA of Southeastern North Carolina corporate office 3408 Wilshire Blvd. Wilmington, NC. Also, non-congregate feeding locations will be established in Brunswick, Pender and possibly Sampson Counties. One day a week to each new location within those counties will be necessary, though we hope to have transportation provided to those locations, via a van or Y bus.

Time Commitment

Orientation

Orientation is currently planned to take place the week of May 20, 2024. Information on specific dates/times will be shared with interns closer to orientation.

Internship schedule with sponsoring organization

Anticipated start and end dates: June 5 – August 9, 2024

Anticipated weekly schedule: Monday-Friday: 30 hours a week, may include occasional weekend.

Internship responsibilities with the No Kid Hungry NC team

In addition to participating in orientation, interns will complete a weekly report and participate in a weekly check-in meeting with the No Kid Hungry NC team. Interns will also be asked to share information and pictures on their internship experience with the No Kid Hungry NC team and write a blog post on their experience at the end of the internship.

Duties may include

- Distributing promotional materials for the Summer Nutrition Program
- Participating and contributing in social media campaigns
- Planning/implementing end of summer celebrations
- Taking pictures/videos at meal sites and summer meals events
- Helping to prepare or package summer meals
- Distributing summer meals
- Track meals distributed
- Serving as site supervisor
- Providing nutrition education activities to children at meal sites when opportunity is available
- Creating nutrition education materials to distribute to children and families
- Planning and/or implementing enrichment activities for distribution at meal sites
- Develop a data gathering tool to receive feedback from children and families on the program
- Developing resources to highlight/share program successes
- Helping with training program volunteers/staff as needed
- Other duties as assigned

Qualifications

The internship is open to college students. Students must have been at a community college, college, or university during the 2023-2024 academic year. Interns must be at least 18 years old.

The ideal candidate will have:

- Interest in child nutrition and improving food and nutrition security.
- Knowledge of and/or experience with school and/or summer nutrition programs
- Commitment to working with diverse communities
- Positive attitude and willingness to work on a variety of projects
- Dependability, responsibility, and adaptability
- Organizational skills
- Good interpersonal skills
- Ability to work both independently and part of a team
- Ability to follow program guidelines
- Reliable access to transportation to travel to sites within the community where they will be working

Compensation/benefits

- Paid hourly rate of \$15/hour
- Reimbursement for mileage for travel for any necessary travel between work site and other locations, not including daily commute to worksite

- Training, professional development and networking opportunities
- Opportunity to gain new skills and experiences and learn more about child nutrition, food and nutrition security, summer nutrition programs and potential career paths related to those areas
- Part of a cohort with other college student interns