

2024 SummerMeals4NCKids Internship Program Frequently Asked Questions for Interns

1. What is the NC Summer Nutrition Program?

The NC Summer Nutrition Program provides free meals to kids and teens during the summer months when school is not in session and children lose access to school meals. The NC Summer Nutrition Program includes the Summer Food Service Program and National School Lunch Program Seamless Summer Option, which are USDA nutrition assistance programs that reimburse schools and organizations (referred to as “sponsoring organizations” or “meal sponsors”) for providing free meals to kids and teens in low-income areas that meet nutrition guidelines. In NC, the North Carolina Department of Public Instruction (NC DPI) administers the program on a state level. Meal sponsors are located throughout NC. There are numerous locations throughout NC that are considered open meal sites where any child age 18 or younger can receive a meal at no cost with no ID or paperwork required.

To learn more about the NC Summer Nutrition Program, visit Summermeals4nckids.org.

2. Who is eligible to be an intern?

Interns must be at least 18 years old and have been enrolled in a community college, college, or university during the 2023-2024 academic year.

3. What is the time commitment for the internship?

Internships will be approximately 320 hours (full-time [40 hours/week] for 8 weeks or part-time over a longer duration), not including orientation with the No Kid Hungry NC team. The number of weeks/hours per week will vary depending on the sponsoring organization each intern works with. **See job descriptions for each posting for more details** on specific requirements related to time commitment.

4. What type of compensation will interns receive?

Interns will be hired by No Kid Hungry NC, which is part of UNC Chapel Hill, and will be on payroll at UNC Chapel Hill. They will be paid biweekly at a rate of \$15/hour. Interns will also be reimbursed for mileage for any necessary travel between their worksite and other locations, not including their daily commute to their worksite. No Kid Hungry NC will manage the travel reimbursements.

5. What are additional benefits for interns participating in the internship program?

Interns will be part of a cohort with other college student interns. They will participate in training, professional development, and networking opportunities. They will also gain new skills and experiences through hands-on work experience. The internship is also an opportunity to learn more about child nutrition, food and nutrition security, summer nutrition programs, and potential career paths related to those areas.

6. Where will interns work?

Interns will be working directly with meal sponsors as part of the partnership with No Kid Hungry NC. Interns will work ON-SITE at locations determined by the meal sponsor. Meal sponsors will be located

throughout NC. Information on the locations and meal sponsors internships will be available with are posted on the No Kid Hungry NC website and intern application.

7. Will interns be provided with assistance in making housing arrangements for the summer?

Interns will be expected to make their own housing arrangements. **This internship program is ideal for students already planning to live in an area where there is an intern position.**

8. Can this internship experience count towards a required practicum or internship experience for an academic program?

It is possible that this internship experience can count towards a required practicum or internship experience for an academic program. Requirements for practicum and internships vary by program, however, so it may not work for all experiences. If students have questions on whether this internship can potentially count towards a required practicum experience, contact Jessica6@live.unc.edu.

9. What type of training will interns receive?

No Kid Hungry NC will provide orientation/training to interns related to the Summer Nutrition Program.

Examples of potential topics covered during the orientation/training may include:

- Overview of food and nutrition security and federal nutrition programs
- Background on Summer Nutrition Program, including relevant policies, rules and regulations
- Information on providing nutrition education/enrichment activities
- Marketing/promotion and outreach
- Planning/implementing Summer Nutrition Program events (kick-offs, end of summer celebrations, Farm to Summer Week, etc.)
- Social media
- Program evaluation
- Identifying and working with community partners

10. What types of projects/activities will interns work on with the sponsor?

Interns may help with a variety of projects/activities related to supporting the summer nutrition program. Projects will vary depending on the sponsoring organization an intern is working with. Check the job descriptions for each position for information on projects/activities.

11. What types of activities will interns work on with No Kid Hungry NC?

Interns will participate in orientation/training activities prior to the start of the internship and a weekly meeting throughout the internship with the No Kid Hungry NC team. Interns will also be asked to share pictures/information on their internship experiences on social media and other channels. At the end of the internship, interns will write a blog post for NoKidHungryNC.org about their experience.

12. What are the roles/responsibilities of the internship supervisor from the meal sponsor?

The roles/responsibilities of the internship supervisor from the sponsoring organizations hosting an intern include:

- Working with No Kid Hungry NC team to create a workplan for intern
- Participating in the intern selection process for their organization
- Participating in supervisor training with No Kid Hungry NC

- Providing orientation/training to intern on their program and role
- Regularly checking in with intern and providing them with feedback on their performance
- Providing feedback and evaluation to No Kid Hungry NC at end of internship

13. What are the roles/responsibilities of the interns?

The roles/responsibilities of the interns include:

- Participating in an orientation/training with the No Kid Hungry NC team in May 2024.
- Working with an NC Summer Nutrition Program sponsor and No Kid Hungry NC during the identified date range
- Maintaining agreed upon work schedule and immediately informing supervisor/No Kid Hungry NC team if they have an issue that requires them to miss work
- Maintaining professionalism throughout the internship
- Acting in accordance with all rules, regulations, and professional standards of the University of North Carolina at Chapel Hill, No Kid Hungry NC, and sponsoring organization
- Completing a weekly report and participating in a weekly check-in meeting with the No Kid Hungry NC team
- Sharing information and pictures on internship experience with No Kid Hungry NC team and writing a blog post on experience at the end of internship

14. What are the roles/responsibilities of No Kid Hungry NC?

The roles/responsibilities of No Kid Hungry NC include:

- Leading the intern recruitment process and working with sponsors on the selection of interns
- Hiring/paying interns
- Providing orientation/training to interns
- Providing support to sponsors hosting interns
- Holding weekly check-in meetings with interns
- Providing professional development and networking opportunities to interns